

HACKENSACK GASTROENTEROLOGY ASSOCIATES, P.A.
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UPPER ENDOSCOPY PREPARATION

DO NOT eat or drink anything after midnight the night before your procedure.

If your admitting time is 1:00p.m. or later you may have clear transparent liquids in the morning until 9:00a.m. **Nothing by mouth after that time.*

Please notify our office of the medications you are currently taking. **All aspirin and blood thinners should be stopped one week prior to procedure** unless otherwise advised by your physician. **Continue all other prescribed medications up to the day of your examination.** On the day of your procedure, hold all medications until after the procedure. Blood pressure medication should be taken with a tiny sip of water 4 hours prior to procedure. Please check with your doctor before stopping any medications.

**If you have any questions or if you are not sure of the type of medications you are taking please call our office.*

Please advise our office if you have had heart valve, hip or knee replacement within the last year.

You WILL NOT be able to drive yourself home after the procedure. Please make arrangements for transportation. You must have someone accompany you home.

Please remember to bring identification, insurance cards and a list of your medications, complete with dosage and instructions to your appointment.

Report to one of the following locations:

The Excelsior II 170 Prospect Avenue, 2nd floor Suite 10, Hackensack, NJ 07601

Paramus Endoscopy Center 80 Eisenhower Drive Paramus, NJ 07652

Hackensack Medical Plaza 20 Prospect Avenue 8th floor Suite 400 Hackensack, NJ 07601

Date: _____ Time: _____

***IF YOU ARE UNABLE TO KEEP THIS APPOINTMENT FOR ANY REASON, PLEASE CALL OUR OFFICE AS SOON AS POSSIBLE SO WE CAN MAKE OTHER ARRANGEMENTS.**